Winnacunnet High School Gym Wrestling Room (2nd floor) - 1 Alumni Drive - Hampton NH

# WITH WHS HEAD COACH – ERIC LARCOMB

**Description:** It is my privilege to invite you to experience the excitement of RIPTIDE WRESTLING CAMP! No wrestling experience is needed – come and give wrestling a try! All ages welcome – girls or boys. Riptide Camp will be a week of wrestling that will include, great clinicians that will be teaching - wrestling technique, team building, daily conditioning, and fun leisure activities. The camp will feature a low clinician to wrestler ratio, live wrestling opportunities, and physical challenges. I look forward to meeting you – **Coach Larcomb** 

#### **Two Sessions**

#### Session 1:

Level	GRADE KDG TO 6 WRESTLERS
Date	July 23- July 26, 2018
Where	WHS Gym – 2 <sup>nd</sup> Floor Wrestling Room
Time	5:00pm to 6:30pm
Cost	Cost is \$75 for the 4 days – Family of 2 is \$125 & Family of 3 is \$150 MUST PRE-REGISTER with Coach Larcomb enlarcomb@gmail.com

#### Session 2:

Level	GRADE 5 TO 8 & Incoming Freshman WRESTLERS				
Date	July 23- July 26, 2018				
Where	WHS Gym – 2 <sup>nd</sup> Floor Wrestling Room				
Time	6:30pm to 8:00pm				
Cost	Cost is \$75 for the 4 days – Family of 2 is \$125 & Family of 3 is \$150 MUST PRE-REGISTER with Coach Larcomb enlarcomb@gmail.com				

**MAIL Registration:** Please fill out the registration form on the back of this flyer and mail to: **Coach Larcomb at**18 South Summer Street, Nottingham, NH 03290. Checks can be made out to Eric Larcomb. Please email the coach to pre-register your wrestler

QUESTIONS: CONTACT COACH LARCOMB AT enlarcomb@gmail.com

To bring to the clinic:
Workout clothes (shorts, sweats, t-shirt),
Water bottle, wrestling shoes

\*Not sponsored by the school district\*

\*Registration form on reverse\*

### Riptide Wrestling Camp Registration Form

\*Not sponsored by the school district\*

## Please select session with a 🗸

	Session	1 1								
Level GRAD			RADE 7 TO 12 I	<b>VRESTLERS</b>						
Date	е	Ju	uly 23 - July 26,	23 - July 26, 2016						
Cost Cost is \$75 for the 4 days – Family of 2 is \$125 & Family of 3 is \$150										
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	Session	12								
Lev	el	GRADE KDG TO 6 WRESTLERS								
Date	е	July 23-July 26, 2016								
Cos	Cost is \$75 for the 4 days – Family of 2 is \$125 & Family of 3 is \$150									
REMINDER YOU MUST PRE-REGISTER W/ Coach Larcomb- enlarcomb@gmail.com  Please send completed registration form to: Coach Larcomb at 18 South Summer Street, Nottingham, NH 03290.  Checks can be made out to Eric Larcomb.										
Wrest	:ler's Last Name	e		First name		Grade	Approx Weight			
Street	address			Town		State	Zip			
Town					State		ZIP			
Home	phone				Email address					
Moth	er's name			Work number	Cell_		Email			
Fathe	r's name			Work number	Cel	I	Email			
Emer	gency Contact_			Number	Cel	<u> </u>				
Physic	cians Name			Phone						
List a	ny medical con	ditions and	d/or medications:	List any allergies:	Li	st any custody is:	sues we should be aware of:			
repr med	esentative: lical person ners from a	s to initi inel. I h	iate treatment of ereby release th	Permission is hereby gran finjuries and authorize an e Warrior Wrestling Camp njuries sustained by my so	y needed emergend and Winnacunnet	cy medical tro High School,	eatment by appropriate coaches and athletic			
Sign	ature of pa	rent or	guardian		<del>-</del>	Date				
Office use										

Paid by: check\_\_\_\_\_ money order\_\_\_\_ cash\_\_\_\_ on \_\_\_\_