

Code of Conduct

- Wrestlers are not allowed to verbally, physically or psychologically abuse any other wrestler, coach, parent, or game official.
- All wrestlers will treat each other, parents, coaches, and officials with respect and dignity regarding language, attitude, behavior, and mannerisms.
- All wrestlers will respect the property and equipment used at any sports facility, both home and away. No kicking at the edge of the mats, climbing on the rolled up mats, or wearing street shoes on the mats.
- All wrestlers will encourage good sportsmanship through their actions by demonstrating positive support for all wrestlers, parents, coaches and officials at every match and practice.
- All wrestlers will treat other wrestlers, coaches, officials, parents and spectators with respect, regardless of race, color, creed, sex, or ability.
- All wrestlers are to treat their training partners in practice with respect and should not intentionally harm or perform any moves not taught in the Merrimack Youth Wrestling program.
- All wrestlers will listen to the instructions of the coaches, parent coaches and mentors at all times.
- There will be no biting, scratching, punching, etc to other wrestlers, coaches, or parents. This conduct may lead to being asked to leave the program.
- Wrestlers should wrestle in a “clean” manner with no intent to harm their opponent.
- Wrestlers should come to each game or practice ready to play and should give their complete attention to the coach. If a wrestler is injured, they are encouraged to sit quietly at the edge of the mat and pay attention to the instruction until they are able to continue